

**North Shore Swim Club
Specialty Meet**

Salem State College, Salem Ma.

Sunday, January 28, 2007

Sanctioned by NE Swimming #NE-07-06 , NE-07-06TT

SUNDAY AFTERNOON

Warm Up: 12:45 PM, Start 1:45 PM(Changed)

1	Open 100 Free	2
3	Open 200 Free	4
5	12 and under 50 Fly	6
7	Open 100 Fly	8
9	Open 200 Fly	10
11	12 and under 50 Breaststroke	12
13	Open 100 Breaststroke	14
15	Open 200 Breaststroke	16
17	12 and under 50 backstroke	18
19	Open 100 Backstroke	20
21	Open 200 Backstroke	22
23	12 and under 50 Freestyle	24
25	Open 50 Freestyle	26
27	Open 500 Freestyle**	28
29	Open 400 IM**	30

**The open 500 freestyle and 400 IM will be offered based on available session time.